



NAVYUG KANYA MAHAVIDYALAYA

(Accrediated grade B** by NAAC)

Rajendra Nagar, Lucknow 226004

DEPARTMENT OF B.Ed.

Is organizing a

Online Lecture on YOGA Day

TOPIC:

***RELEVANCE OF YOGA FOR STUDENTS IN HOLISTIC
HEALTH MANAGEMENT***

Date: 20/6/22, Time: 1:00 - 2:00 p.m., Mode:
Online



Gulam Askari Zaidi

Assistant Professor

Dept. of Yogic Sciences & Human Consciousness,

Dev Sanskriti Vishwavidyalaya

Haridwar, Uttaranchal, India

Organizers:

Dr. Rasheeda Khatoon

Dr. Nishi Gupta

Dr. Sarita Kanaujiya

Mrs. Manisha Barauniya

Mrs. Rashi Rastogi



Manjula Upadhyay

Professor & Principal,

Navyug Kanya Mahavidyalay

Rajendra Nagar, Lucknow

LINK FOR PROGRAMME:

MEETING ID: